

# Time to Move On

Count: 48

Wall: 2

Level: Phrased Intermediate Cha Cha / NC

Choreographer: Paul Snooke (AUS) and Lilian Lo (HK) November 2019

Music: Don't Start Now by Dua Lipa (2019) 3:03 min



**Intro: Starts on beat 0:10 seconds into the track**

**Sequence: A a B A A a B A A B A A**

**Note: There are 2 different paces for the music.**

**The cha cha is the normal beat, and the nightclub is 1 for every 2 beats. Refer to video teach for visual assistance.**

## PART A: CHA CHA

**[1-9] L Side, R Together, L Forward, Lock Shuffle Forward R, L Forward, 1/2 Turn, R Coaster**

1-2-3 Step LF to L side, Step RF together, Step LF forward  
4&5 Step RF forward, Cross LF behind RF, Step RF to forward (shuffle)  
6-7 Step LF forward, Turn 1/2 R keeping weight to LF  
8&1 Step RF back, Step LF together, Step RF forward (coaster) [6:00]

**[10-16] Turning Rocking Chair**

2-3-4 Turn 1/8 R & step/rock LF forward, Recover weight to RF, Turn 1/8 R & step/rock LF back  
5-6& Recover weight to RF, Turn 1/8 R & step/rock LF forward, Recover weight to RF  
7&8& Turn 1/8 R & step/rock LF back, Recover weight to RF, Turn 1/8 R & cross/rock LF to R diagonal, Recover weight to RF

**RESTART: Twice in the dance, restart the dance after count 16 and go into part B. This is classified as the "a" as opposed to the "A" in the sequence above.**

**[17-25] L Side, R Together, L Together, 1/4 Chasse R, L Forward, Recover, 1/4 Chasse L,**

1-2-3 Step LF to L side, Step R together, Step L together  
4&5 Turn 1/4 L & step R to R side, Step LF together, Step RF to R side  
6-7 Step/Rock LF forward, Recover weight to RF  
8&1 Turn 1/4 L Step LF to L side, Step RF together, Step LF to L side

**[26-32] R Cross, Point L, L Cross. Point R, R Together, Jump & Push**

2-3-4 Cross RF over LF, Point L toe to L side, Cross LF over RF  
5-6 Point R toe to R side, Step RF together & slightly bend both knees  
7-8 Slightly jump & slide both feet back while pushing hips back & both palms forward, Step RF forward & straighten body to centre

## PART B: NIGHTCLUB

**[1-8] L Side, R Cross/Rock, Recover, R Side, L Cross, R Side, 1/4 L Back/Rock, Recover, 1/2 L Back, 1/4 R Side, Sway L,R**

1-2& Step LF to L side, Cross/Rock RF over LF, Recover weight to LF  
3-4& Step RF to R side, Cross LF over RF, Step RF to R side  
5-6& Turn 1/4 L & step/rock LF back, Recover weight to RF, Turn 1/2 R & step LF back [3:00]  
7-8-& Turn 1/4 R & Step RF to R side, Sway shoulders L, R [6:00]

**[9-16] 1/2 Diamond, L Side & Point Toe, R Side, L Cross, R Side & 1/2 L Hook, L Side, R Cross**

1- 2& Step LF to L side, Turn 1/8 R & step RF back, Step LF back [7:30]  
3-4& Turn 1/8 R & step RF to R side, Turn 1/8 R & step LF forward, Step RF forward [10:30]  
5-6& Turn 1/8 R & step LF to L side while pointing R toe to R side, Step RF to R side, Cross LF over RF [12:00]  
7-8& Step RF to R side & spiral turn 1/2 L hooking L heel to right shin leaving toe on floor, Step LF to L side, Cross RF over LF [6:00]

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Last updated on 20 November 2019

Last Site Update – 28 Nov. 2019 – R2