Thousand Times

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Type of dance: 32 counts, 2 walls, high intermediate

Music: Hello by Lionel Ritchie. 62 bpm. Track length: 4.08. From the album 'The Definitive

Collection'. Buy on iTunes etc

Intro: 16 counts from beginning of track. App. 16 secs. into track. Start with weight on L foot

Restart: On walls 3 and 6, after 16 counts, both times facing 12:00 ©

Amendment: On walls 2 and 4, after count count 28 (your rock step): when turning ¼ L you sway to the R

on count 29 and to the L on count 30, then *restart*. Both times facing 12:00 ©

Counts	Footwork	End facing
1 – 9	Fwd R sweep, cross side back rock 1/8 L, 5/8 R side rock, ¼ R back rock, step full turn	
1 – 2&	Step R fwd sweeping L forward (1), cross L over R (2), step R to R side (&)	12:00
3 – 4&	Turn 1/8 L rocking back on L (3), recover fwd onto R (4), turn 3/8 R stepping back on L (&)	3:00
5 – 6	Turn ½ R rocking R to R side (5), turn ¼ R when recovering back onto L (6)	9:00
&7	Rock back on R (&), recover fwd to L (7)	9:00
8&1	Step R fwd (8), turn ½ L onto L (&), turn ½ L stepping back on R sweeping L to L side (1)	9:00
10 – 16	L sailor step, behind turn ¼ L, ¼ L sway, sway, ¾ run around R	
2&3	Cross L behind R (2), step R to R side (&), step L to L side (3)	9:00
&4	Cross R behind L (&), turn ¼ L stepping fwd onto L (4)	6:00
5 – 6	Turn ¼ L stepping R to R side with a R body sway (5), sway body to L side (6)	3:00
7&8&	Turn ¼ R stepping R fwd (7), step L fwd (&), turn ¼ R stepping R fwd (8), turn ¼ R stepping L fwd (8) * Restart here on walls 3 and 6, both times facing 12:00	12:00
17 – 24	Fwd sweep, weave, ¼ L hitch, 2 prissy walks R L, step turn step	
1 – 2&	Step R fwd sweeping L fwd (1), cross L over R (2), step R to R side (&)	12:00
3&4	Cross L behind R (3), step R to R side (&), cross step L slightly over R hitching R knee and turning ¼ L on that L foot (4)	9:00
5 – 6	Walk R slightly in front of L (5), walk L slightly in front of L (6)	9:00
7&8	Step R fwd (7), turn ½ L onto L (&), step fwd onto R (8)	3:00
25 – 32	Reverse ½ L rock step, run back RL, R back rock, ¼ L into R basic, side behind side	
1 – 2&	Turn ½ L rocking fwd onto L (1), recover and push back onto R (2), run back on L (&)	9:00
3 – 4	Rock back on R (3), recover fwd onto L (4)	9:00
5 – 6&	Turn ¼ L stepping R a big step to R side (5), step L behind R (6), cross R over L (&)	6:00
7 – 8&	Step L to L side sweeping R to R side (7), cross R behind L (8), step L to L side (&)	6:00
	Start Again!	
Ending	Comes on wall 7, after count 8. Instead of turning ½ L you turn ¼ L stepping R to R side 🔞	12:00

