

# Sauced Up

Count: 32

Wall: 4

Level: High Intermediate

Choreographer: Dee Musk (UK) 25th September 2017

Music: Fifth Harmony - Sauced Up



**#32 Count Intro. Approx 20 seconds – Track approx 3 mins 18 secs BPM 104**  
Track available from [iTunes.co.uk](https://www.apple.com/itunes)

**Step, Lock, Step, Kick Ball Cross, Side, Together, Cross, ¼ Turn L with R Lock Step.**

- 1,2& Step R to R diagonal, cross lock L behind R, step R to R side.  
3&4 Kick L to L diagonal, step L beside R, cross R over L.  
&5,6 Step L to L side, close R beside L, cross L over R.  
7&8 Make ¼ turn L stepping back on R, cross L over R, step back on R (9 o'clock).

**¼ Turn L, Modified Monterey ½ Turn R With Sweep, Cross, Back, Together, Step Touch, Step, Touch, Out, Out, In, Cross.**

- &1,2 Make ¼ turn L stepping L to L side, point R toe to R side, make ½ turn R sweeping L to in front of R.  
3,4& Cross L over R, step back on R, step L beside R.  
5&6& Step R forward and slightly to R diagonal, touch L beside R, step L forward and slightly to L diagonal, touch R beside L.  
7&8& Step R out to R side, step L out to L side, step R beside L, cross L over R. (12 o'clock).  
**\*\*R\*\* during walls 2 and 5.**

**Side Rock, Ball, Side, Behind, Side, Cross Rock, Recover, Side Rock, Behind, Side, Touch.**

- 1,2& Rock R to R side, recover weight to L, step R beside L.  
3,4& Step L to L side, cross step R behind L, step L to L side.  
5,6 Cross rock R over L, recover weight to L.  
&7 Rock R to R side, recover weight to L.  
&8& Cross step R behind L, step L to L side, touch R beside L. (12 o'clock).

**Side, Behind, ¼ Turn R, Step, Hitch R, Back, Drag, Run Back L, R, ½ Turn L with Rock, Recover, Close.**

- 1,2& Step R to R side, cross step L behind R, make ¼ turn R stepping forward on R.  
3,4 Step forward on L, hitch R knee.  
5,6& Step back on R dragging L to beside R, run back L, run back R.  
7 Make ½ turn L rocking forward on L.  
8& Recover weight to R, step L beside R. (9 o'clock).

**\*\*R\*\* Restart 1 - during wall 2 – dance up to and including counts 8& of Section 2, begin again facing 9 o'clock wall.**

**\*\*R\*\* Restart 2 - during wall 5 – dance up to and including counts 8& of Section 2, begin again facing 3 o'clock wall.**

Enjoy

Contact: [deemusk@btinternet.com](mailto:deemusk@btinternet.com) Dee – 07814 295470