

# Light a Candle

Description: Advanced AB, A 24 Counts, B 40 Counts, 2 Walls  
Choreographer: Fred Whitehouse & Shane McKeever  
Music: Losing Sleep by Chris Young  
Count-in: 36 Count Intro

*Sequence - A,B,A\*,A,B,B\*,B,B\*,Ending*

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## Section A

### **1-8 Step Sweep L, Press, Heel Swivel, Kick, Together, Side Rock R, Recover, Together, Side Rock L, Recover, Step Forward**

1,2 Step Rf Fwd Sweeping Lf from Back to Front, Press Lf Fwd  
3&4 Swivel L Heel to L, Bring L Heel back to Centre, Kick Lf Fwd, Transferring weight back to Rf  
&5,6 Step Lf next to Rf, Rock Rf to R Side, Recover on to Lf  
&7&8 Step Rf next to Lf, Rock Lf to L Side, Recover on to Rf, Step Lf Fwd

### **9-16 Step Glide ½ Turn L, ½ Turn L, ½ Turn L, Grapevine R, Flick R, Rock R Forward**

1,2 Step R f Fwd, Pivot ½ Turn L, placing weight on to Lf (Moonwalk Glides, Push off Rf gliding back on to Lf)  
3,4 ½ Turn L Stepping RF back, ½ Turn L Stepping Lf Fwd

*(\*Restart here during 2<sup>nd</sup> A pattern)*

5,6& Step Rf to R Side, Cross Lf behind Rf, Step Rf to R Side  
7&8 Cross Rf in front of Lf, Flick R Heel Up, Rock Rf Fwd

### **17-24 Recover Sweeping Rf, Behind, Side, Heel and Cross, Step R to R Side, Hold, 1 1/4 Turn L**

1,2 Recover weight on to Lf Sweeping Rf from Front to Back, Cross Rf behind Lf  
&3&4 Step Lf to L Side, R Heel to R Side, close Rf next to Lf, Cross Lf in front of Rf  
5,6 Step Rf to R Side, Hold (Prepping Body to R)  
7&8 ¼ Turn L Stepping Lf Fwd, ½ Turn L Stepping Rf Back, ½ Turn L Stepping Lf Fwd

**Note: When dancing A into B you Start B with ½ Turn L, however when dancing B into B you Start B with ¼ Turn L**

## Section B

### **1-8 ½ Turn L, Body Roll, ¼ Turn R Step Together, Step Rf to R Side with Slight L Leg Lift, Cross, Step Touch Together x2, Step Rf Forward to Diagonal, Step Lf Fwd Hitching R Knee, Step Back Sweeping L**

1,2 ½ turn L touching RF back, body roll back placing weight on RF  
&3,4 Step LF back, ¼ turn R stepping RF to R side as you lift L knee, cross LF over R  
&5&6 Step RF to R side, touch LF next to R, step LF to L side, touch RF next to R  
&7&8 1/8 turn R stepping RF to R diagonal, step LF Fwd hitching R knee, step RF back sweeping LF from front to back

- 9-16 Sweep x2, Weave, ¾ Curve walk, Boogie walks x3**  
 1,2 Step LF back sweeping RF from front to back, step RF back sweeping LF from front to back  
 3&4 Step LF behind R, 1/8 turn R stepping RF to R side, cross LF over R  
 5&6 ¾ turn R curve R,L,R  
 7&8 Walk Fwd L,R,L (boogie walks)

*(\*Restart here during 3<sup>rd</sup> B pattern)*

- 17-24 Rock, Recover ¼ turn L, ¼ turn R with a Kick, Cross LF over R, Point, ½ turn L point, ½ turn L point, Kick diagonal**  
 1,2 Rock RF Fwd, ¼ turn L stepping LF to L side  
 3,4 ¼ turn R placing weight on RF as you kick LF Fwd, cross LF over R  
 5,6 Point RF to R side, ½ turn L point RF to R side, (click both fingers when you point)  
 7,8 ½ turn L point RF to R side (Raise R hand up making a stop sign when you point RF) 1/8 turn L kicking RF to L diagonal

- 25-32 Ball step fwd L, Step fwd R, Rock fwd, Rock side, Lock unwind 7/8 turn L, out, out & cross**  
 &1,2 Close RF next to L, step LF Fwd diagonal, step Rf Fwd diagonal  
 3&4& Rock LF Fwd, recover, rock LF to L side, recover  
 5,6 Touch LF behind R, unwind 7/8 L finish with weight on LF (hug yourself as you unwind)  
 &7&8 Step RF out, step LF out, step RF in, cross LF over R

*(\*Add ending here during last B pattern, First 10 counts of section A)*

- 33-40 Side Rock recover, Ball Rock recover, step fwd, R mambo, step back with a sweep, ½ turn sailor L**  
 1,2& Rock RF to R side, recover weight onto L, ½ turn R stepping R to R side  
 3&4 ½ turn R Rock LF to L side, recover weight onto R, cross LF over R  
 5&6 Step RF back diagonal, step LF to L side, cross RF over L  
 &7& Step LF back diagonal, step RF to R side, cross LF over R,  
 8& ¼ turn L stepping RF back, ¼ turn L stepping LF Fwd

**\*Ending** – You dance the first 10 counts of section A. On count 9 raise R hand up as you glide LF back slowly bring R hand down (turn lights down low) do not make the ½ turn L ☺