

# Down for your lovin´

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**Counts:** Phrased

**Level:** Advanced

**Choreographer:** Fred Whitehouse (Ireland) & Shane McKeever (Ireland) September 2019

**Music:** Goodbye´ by Jason Derulo & David Guetta (feat. Nicki Minaj & Willy William) [R3HAB Remix]

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**Intro – none, starts straight away**

**Sequence: A, B, B, C, C, A, B, B, Tag, C, C, A, B, C, C**

## **Part A:**

**Step R, cross rock, side rock, behind side cross, rock R, recover 1/4 turn L with flick**

- 1 Step R to R diagonal
- 2&3& Cross rock L over R, recover on R, side rock L to L, recover on R
- 4&5 Step L behind R, step R to R side, Cross L over R
- 6-7 Rock R to R, recover on L making 1/4 turn L flick R (9.00)

**Mambo fwd, weave 1/2 turn R, kick & heel ball cross**

- 8&1 Rock fwd R, recover on L, step back on R sweeping L
- 2&3 Step L behind R, step R to R, Step 1/8 right fwd L
- 4&5 Step R fwd, make 1/8 turn R step L to L, make 1/8 turn R step back R
- 6&7& Step L behind R, make 1/8 turn R step R to R, kick L over R, Step L next to R
- 8&1 R heel to R, close R next to L, cross L over R (3.00)

**Hold, out out ball cross shuffle, & together, body roll, behind, 1/8 turn L**

- 2 Hold
- &3&4&5 R out, L out, R in, cross L over R, R to R, cross L over R
- &6 R to R facing L diagonal, 1/8 turn L stepping L next to R (1.30)
- 7 Body roll
- 8& Step R back, make 1/8 turn L step L to L (12.00)

**Touch side touch side touch, boogie walk, rocking chair, 1/2 turn right**

- 1&2& Touch R next to L, step R to R, touch L next to R,, step L to L
- 3 Touch R next to L click fingers to sides
- 4&5 Boogie walk R, L, R
- 6&7& Rock fwd L, recover R, rock back L, recover R
- 8 Make 1/2 turn R stepping back on L

**(Pony step back, 1/4 turn L with shimmy or shoulder rolls) x2**

- 1&2 Rock back R, recover on L, step back on R
- 3&4 Make 1/4 turn L step L to L shimmying/roll shoulders
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

**Pony step back, 1/4 turn L with attitude, R sailor step, hook L behind R, unwind 3/4 turn L**

- 1&2 Rock back R, recover on L, step back on R
- 3&4 Make 1/4 turn L step L to L shimmying/roll shoulders
- 5&6 Step R behind L, step L to L, step R to R
- 7-8 Hook L behind R, unwind 3/4 turn L (12.00)

**Part B:**

**Right basic, 1/4 turn L waving, 1 1/2 turn R, jazzbox 1/4 turn L, hold**

- 1-2& Step R to R, step L behind R, cross R over L
- 3 Make 1/4 turn L step fwd on L waving with R hand
- 4&5 Make 1/2 turn R step fwd R, make 1/2 turn R step back L, make 1/2 turn R step fwd R
- 6&7 Cross L over R, make 1/4 turn L step back on R, step L to L

**Arm movement**

- 8& R arm to R closing fist, L arm to L closing fist
- a-1 Pull both arms in to body, throw arms up opening hands palms up
- 2& Close palms as you pull arms half way to L sway R, pull arms down to R side sway L

**Part C:**

**Big step R, L together, out out, heel turn, R toes up down, step 3/4 pivot R, finger move**

- 1 Big step towards R diagonal on R
- 2&3 Step L next to R, R out, L out
- &4&5 Twist R heel in, twist L heel out making 1/4 turn R, R toe up push bum out, hold (3.00)
- &6&7& Close R next to L, step fwd L, pivot 3/4 turn R on R, step L to L right index finger up
- 8e&a Right finger down L,R,L,R (zig zag movement, finished pointed at R foot)

**Look down, heel twist, ball side bodyroll, ball rock, hitch, cross & cross & cross 1/2 turn R**

- 1&2 Pointing R finger on R foot looking down twist R heel out, in, out
- &3-4 Step ball of R next to L, step L to L making a body roll (3-4 on diagonal R 1.30)
- &5&6 Step ball of R next to L, rock L to L, recover on R hitching L (12.00), cross L over R
- &7&8 Make 1/2 turn R stepping R to R, cross L over R, step R to R, cross L over R

**Tag:**

- 1-2 Pop R hand and chest x2 (R hand in height of head making L shape with R arm)
- 3-4 Pop L hand and chest x2 (L hand in height of head making L shape with L arm)
- 5-6 Raise R arm straight fwd bend at wrist fingers pointing down, (drop R arm) raise L arm straight fws bend at wrist fingers pointing down (drop L arm)
- 7-8 Raise R elbow to R side hand down, raise L elbow to L side hand down
- &1-2 R foot step in, L foot step in looking down, Raise both hands like your under arrest
- 3&4& Run around one full turn R keeping arms up R,L,R,L

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