

# Safe First

Choreographer: Winnie Yu (Dancepooh), Canada July 2020

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Website: [www.dancepooh.ca](http://www.dancepooh.ca) / [www.winnieyu.ca](http://www.winnieyu.ca)

32 count / 4 Wall / Beginner Line Dance

Music: Any Fast Beat Disco Music

**\*\*This dance is dedicated to "Carefirst 2020 Virtual Charity Fit-a-thon\*\***



## **Section 1: Diagonal R Side, Cross, Side, Hitch, Side Left, Hitch, Side Right, Hitch**

- 1-2 Diagonal R stepping right to right side, step left across right (1:30)
- 3-4 Step right to right side, hitch left knee beside right foot (square up to 12:00)
- 5-6 Step left to left side, hitch right knee beside left foot
- 7-8 Step right to right side, hitch left knee beside right foot

## **Section 2: Diagonal L Side, Cross, Side, Hitch, Side Right, Hitch, Side Left, Hitch**

- 1-2 Diagonal L stepping left to left side, step right across left (10:30)
- 3-4 Step left to left side, hitch right knee beside left foot (square up to 12:00)
- 5-6 Step right to right side, hitch left knee beside right foot
- 7-8 Step left to left side, hitch right knee beside left foot

## **Section 3: Walk Fwd R, L, R, Together, (Point, Together) X 2**

- 1-2-3-4 Walk forward R, L, R, step left beside R
- 5-6-7-8 Point right to right side, step right beside left; point left to left side, step left beside right

## **Section 4: Walk Back, R, L, R, Together, Monterey ¼ turn right**

- 1-2-3-4 Walk back R, L, R, step left beside R
- 5-6-7-8 Point right to right side, make a ¼ turn right (3:00) stepping right beside left; point left to left side, step left beside right

Have fun & dance with smile ! 😊