

# Carefirst LDEX Syllabus - May 2017

Location: Carefirst One-Stop Multi-Services Centre

Thursday (Elsa), Saturday (Dodo)

Time: 11:00am – 1:00pm

**Red – Compulsory Dances (No Walk Thru)**

**Black – Walk Thru Once**

	Week One	Week Two	Week Three	Week Four
<b>Section 1</b> (50 min)	<b>Polka</b> <b>Lindi Shuffle</b> <b>Dun Play</b> 1. Bang Bang (EZ) 2. Start To Waltz 3. Little Rock Cha Cha 4. Past Love As A Dream 5. Saturday Night Fever 6. Start To Mambo 7. Come Dance With Me 8. Pooh's Merengue 9. Be There In the Morning 10. La Fiesta	<b>Slosh</b> <b>Samba 1</b> <b>A Little Cha</b> 1. Bosa Nova 2. EZ Cheeky Cha 3. 40 Steps 4. When 5. Little Mockin' Bird Cha 6. Little Apple EZ 7. EZ Tango 8. Quando When Quando 9. Chilly Cha Cha 10. Qiao Qiao Men 敲敲门	<b>Borkenhearted EZ</b> <b>EZ I Swear</b> <b>Ah Si</b> 1. Little Foxtrot 2. 2 Butterflies 3. Young Enough 4. Hello Dolly 5. Colour Of The Wind 6. Emergency 7. Cleveland Shuffle 8. Disco Remix 9. Reflection 2 10. Jo N Jo Tango	<b>Rose Rose I Love You</b> <b>A Happy Cha</b> <b>Monica EZ</b> 1. Butterfly (Pooh) 2. Seal With A Kiss (Pooh) 3. Ghost Train 4. Rio 5. Come On And Dance 6. J Ho AB 7. Ah Si 8. Gypsy Queen 9. Tibet Love Song 套马杆 10. Mambo 1
<b>Section 2</b> (50 min)	<b>EZ C'm On Everybody</b> <b>Saturday Night Fever</b> <b>Bang Bang (EZ)</b> 1. Slosh 2. CuCu 3. EZ Body Cha 4. Baby Just A Kiss 5. Por Tie Sere 6. Duck Shop 7. A Little Cha 8. Samba 1 9. Polka 10. Lindi Shuffle	<b>40 Steps</b> <b>When</b> <b>Qiao Qiao Men</b> 1. EZ I Swear 2. EZ Uma Thurman 3. Summer Wine 4. Cowgirls Twist 5. Tush Push 6. Cleveland Shuffle 7. Rio 8. Blue Rose Is 9. Tennesse Surprise 10. Sugar Sugar	<b>Young Enough</b> <b>EZ Cha Cha</b> <b>Jo N Jo Tango</b> 1. Always 17 2. Chilly Cha Cha 3. Rose Rose I Love You 4. A Little Waltz 5. EZ Hands Up 6. Monica EZ 7. EZ NC2 8. Man Chang Fei 9. CuCu 10. EZ Circle Cha	<b>Ghost Train</b> <b>Tibet Love Song 套马杆</b> <b>The Locomotion</b> 1. Quando When Quando 2. EZ Tango 3. The Locomotion 4. A Tiny Waltz 5. Sexy Cha 6. Tickets To The Blues 7. Little Mockin' Bird Cha 8. Chaka Chaka 9. Past Love As A Dream 10. Cheveland Shuffle